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LETTER OF SUBMISSION

I would like to submit the manuscript entitled
**PHYSICAL ACTIVITY AS ONE OF THE MOST OPTIMAL WAYS OF
ACTIVE FATIGUE ELIMINATION AND OVERCOMING LIFE CRISIS** for
consideration for possible publication in *Scientific Journal Facta Universitatis, series
Physical Education and Sport*.

The authors of this manuscript have directly participated in the planning, execution, or
analysis of this study. The authors of paper have read and approved the final version
submitted.

We declare that the paper is original, has not been submitted for publication in other
journals and has not already been published.

We, the undersigned authors, hereby transfer the ownership of copyright of the paper
to *Scientific Journal Facta Universitatis, series Physical Education and Sport*.

Yours sincerely,

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